

Newsletter 3 – Summer 2022

May 2022 marks the final period of the BOOST project. Over the past year, the BOOST partners from Portugal, Spain, Belgium, Italy, Greece, Poland, Ireland, and Turkey have been effectively collaborating to develop and produce learning resources to support the development of global competence amongst women in Europe. Now available on the MOOC – we are happy to share these resources with Europe!



BOOST COACHING PROGRAMME

After months of developing the coaching programme and following the partner meeting in Brussels, we are now ready to start the pilot and testing of all phases of the coaching programme.



BOOST Coaching Programme & Toolkit

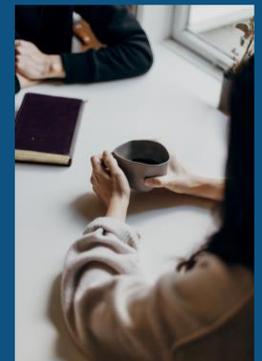
This high quality toolkit offers 30+ coaching models and approaches that are evidence and practice-informed.

- Coaching scheme with 4 levels of Global Competence focussing on Personal, Interpersonal, Cultural and Global dimensions
- Coaching Toolbox with coaching tools for each level of the competence comprising short handouts, coaching vignettes, practical tips, dos and don'ts, examples of coaching scheme aids and step-by-step guidance for the coach.
- The BOOST Coaching Programme supports professionals in providing coaching support to vulnerable women in advancing their social inclusion and career path by using global competence to cope with the challenges they face every day.
- This toolkit is highly transferable to other sectors and would even support self-coaching approaches.

THE BOOST Coaching cycles – In Action

The Summer edition highlights the key elements of the BOOST Coaching Programme and related coaching tools.

In June and July of this year, we will launch individual coaching cycles involving vulnerable women and professionals partnered up to test and benefit from the coaching programme in each of the partner countries.



Why not check out the live BOOST MOOC here: <https://boost.erasmus.site/>

To keep up to date with the BOOST project, why not follow the project Facebook page: <https://www.facebook.com/boost.erasmus>

The BOOST Team at Work

Transnational Partner Meeting 4: April 27th and 28th, 2022



In April 2022 we held our fourth transnational partner meeting in Brussels, it was another significant milestone in the project as we leave the content development phase and enter the piloting and testing cycle. It was also, for some partners, the first time they participated in a face-to-face partner meeting since the onset of the pandemic.

At the meeting, we discussed the BOOST Coaching Programme and explored the resources and finalised any outstanding issues. Tips and hints were shared by Mindshift in terms of how best to implement the coaching cycles and how best to help the women that will engage in the process achieve their specific personal or professional goal. The date for the final partner meeting and conference was also agreed as 21st and 22nd of September. More information on this conference will be shared in the coming weeks....so mark your diary!

If you would like to get involved with us in this testing and training phase, please reach out to us through our social media channels or contact your local partner – see below.

The BOOST Project is brought to you by the following partner organisations:

